



NEWSLETTER

September 2020

BRAY PARK-STRATHPINE SUB BRANCH Inc.

Sub Branch Notes

The Sub Branch is open for **Pensions and Welfare only**. All social distancing/hygiene requirements **must be observed**.

Book your appointment first, Only one appointment at a time and all safety distance must be observed. Only the Duty Officer, Pensions Officer and one client in the building at any one time.

The Office number is **30639520**

The Pensions Officer hrs are: Monday, Wednesday, and Friday 9am - 3pm.

The Pensions Officer's direct number is **3999 6308**.

Or email scott.harris@brayparkstrathpine.rslqld.net.au

The three Duty Officers will man the Office in shifts, Mon - Fri 9am - 3pm to take any appointments.

Andy is available on

secretary@brayparkstrathpine.rslqld.net.au

On Mble: 0417 145 600 , and for a Skype chat on brayparkstrathrsl@bigpond.com

Feel free to email him and let him know that you are ok.

This policy will continue until Qld Government advises. Thank you for your patience in this matter, we hope to get together as a Sub-Branch soon.



Vale Peter Batchelor

Peter was a long-term member and President of the Tarragindi RSL Sub-Branch. He was an RAN veteran aged 96 years. He passed away on the Sunshine Coast where he moved to around 2015. Peter's funeral was held at the Tarragindi Uniting Church on Monday 31 August 2020.

Visitor policy – Ramsey Health

Greenslopes Private Hospital is currently not accepting visitors. More information on the website <https://www.ramsayhealth.com.au/News/Novel-Coronavirus>

Visitors are temporarily not permitted in hospitals located in the Greater Brisbane (including Ipswich) and Moreton Bay regions.

Exceptions to the no visitor rule will be made on a case-by-case basis.

Patients who are children will be allowed one parent/ carer.

Maternity patients will be allowed one support person.

Reminder for Ken Crotty OAM Award

Nominations for the Ken Crotty OAM Award for 2020 are due to Lin by 1 November, this will allow us to get both plaques engraved.

The Awards is planned to presented at the Christmas/Sub-Branch 15th Birthday Function on Sunday the 6th of December, at Club Pine Rivers.

You can also contact Lin to put your name down for the Christmas/Sub-Branch Birthday Function.

Genie: I shall grant you three wishes.

Me: I wish for a world without lawyers.

Genie: Done, you have no more wishes.

Me: But you said three.

Genie: So sue me.



BBQ schedule Sep to Dec 2020 at the Kensington Village shops

...IN AID OF OUR VETERAN COMMUNITY...

Hours - 07:45 to 15:00 (approx)

- **Saturday- 12 September 2020**
- **Saturday- 3 October 2020**
- **Saturday- 7 November 2020**
- **Saturday- 5 December 2020**

Can you spare a couple of hours to help us ???



....YOUR SUPPORT IS MUCH APPRECIATED....

*This is a "Not for profit"
(fundraising)
charitable event..*

--All \$\$\$ raised assists our Veterans--

Bray Park/ Strathpine RSL sub-branch-Fundraising-gs1

**We urgently need Volunteers to assist
Please call Greg Searle**

0481 336 649

Can you spare a couple of hours ???

Raffle winner Troy Davidson

Here is Troy's short military bio:

Flight Commander, Operations Officer, Logistics Officer, Quality Manager, OIC Initial Training (Flight Lieutenant; inactive)

1997–2012, RAAFAR 27SQN and 23SQN.

He started out as LOGO, 27SQN, controlling members in support functions of Facilities, Supply, Air Load, Catering, Motor Transport Driving and Health. A short time at 23SQN as OPSO supporting the F111 squadrons, and then back to 27SQN into OIC Initial Training, delivering two of the five phases of RAAFAR Officer training in Australia.

Troy moved his family to Brisbane to foster his son's football future and is currently working as an internal auditor for The Public Trustee of Queensland.

My friend went bald years ago, but he still carries his comb.

He just can't part with it.

I've got an awful disease where I can't stop telling airport jokes.

My doctor says it's terminal.



2020 RSL Qld AGM - Notice of Meeting

Following the difficult decision to reschedule the AGM to Tuesday 24 November, the Board has subsequently had the difficult decision of determining the best way to stage the meeting in a manner that is safe for all attendees and in keeping with best practice health guidelines while enabling members' voices to be heard. To this end, Sub Branches were asked to consent to the use of technology to enable the AGM to be delivered across multiple sites. The overwhelming majority of Sub Branches supported this decision and provided consent to hold the meeting in this manner.

While the Board recognises that holding the meeting in the proposed manner may be a challenge, the wellbeing of our members and staff has been a paramount consideration. We will have strict COVID-Safe plans in place at all AGM locations and these will be strictly enforced to ensure the safety of all. We will also have staff on hand to address any technology difficulties that may arise. The Board will proceed with an agenda that includes only essential business matters as required by our Constitution.

Motions and Resolutions

The Constitution allows for Sub Branches and Districts to submit motions for consideration at the AGM. Sub Branches and Districts are requested to submit only those motions they consider to be essential in nature. Any such motions must be received by RSL (Queensland Branch) from any Sub Branch or District Branch at least eight weeks before an AGM. The deadline for motions to be received by RSL (Queensland Branch) this year is **29 September 2020**. Clause 8.3 of the Constitution stipulates that motions will not be accepted by RSL (Queensland Branch) for consideration at the AGM:

1. unless accompanied by relevant written supporting information directly addressing the motion; and
2. prior to forwarding a motion for inclusion on the AGM agenda, the Board may: (a) alter or amend the wording of any motion to be put to the AGM whether passed at a general meeting of a District Branch or Sub-Branch, provided that the tenor and intent of such motion is not altered; or (b) request that the District Branch or Sub-Branch which initiated the motion, reframes the motion; to enable such motion to be presented with clarity at the AGM.

A Notice of Motion Template is on the 2021 AGM portal of the RSL Queensland website.

RSL (Queensland Branch) shall forward a copy of the motion and resolutions for the AGM to District and Sub Branch secretaries electronically at least four weeks prior to the AGM by any such means as is considered expedient by the Board. These will be sent

electronically, no later than **27 October 2020**.

Election – Deputy President/Deputy Chair of RSL (Queensland) Board

In accordance with the Election of Executive Officers provisions of the Constitution, a vacancy will arise for the position of Deputy President/Deputy Chair and an election for this position will be held at the AGM. Only Service or Life Members may be nominated for the position of Deputy President/Deputy Chair.

All nominations for the position of Deputy President/Deputy Chair must be submitted by Sub Branches in accordance with the requirements set out in RSL (Queensland Branch) State By-Law 3, on the prescribed form and accompanied by no more than two pages of additional supporting documentation. A copy of the minutes of the Sub Branch general meeting at which the nomination was approved by voting members must be attached to all nominations. All Nominees must indicate, in writing, their consent to being nominated. Nominations close two months prior to the RSL (Queensland Branch) AGM. The closing date for this year is **24 September 2020**. All District Branches and Sub Branches will be notified by 1 October 2020 of the nominations received and a copy of the nomination forms for all nominees will also be circulated.

A nomination form template is on the 2020 AGM portal of the RSL Queensland website.

Any motions or nominations are to be forwarded to the Company Secretary at RSL (Queensland Branch) by email to CompanySecretary@rslqld.org.

Please [click here to download the Notice of Meeting for the Annual General Meeting](#), which is provided in accordance with the Returned & Services League of Australia (Queensland Branch) Constitution.

I asked my Chinese friend what it's like to live in China.

He says he can't complain.



Health & Fitness

The free Heart Health program aims to increase your physical health, fitness and wellbeing by providing practical exercise resources, nutritional and lifestyle coaching for 12 months. The program is open to all veterans and peacekeepers who have had operational service and who have not participated in the program before.

For more information and to check your eligibility contact CHM at hearthealth@chm.com.au 1300 246 262 |

Items for the Newsletter

If you have any old service life photos or you would like to write something for the newsletter on your life or interests **please email them to me at danvers@westnet.com.au**

I didn't want to believe that my brother was stealing from his job as a road worker.

But when I got home, all the signs were there.

If you rearrange the letters of MAILMEN.

They get really upset.

OpenArms

A free and confidential counselling service for Australian veterans, peacekeepers and their families. For more information on OpenArms services and eligibility, please visit the OpenArms website or phone 1800 011 046.

TMR Concessions – PSP

From 17 December 2018, DVA gold cards embossed with TPI or EDA will be accepted as proof of eligibility for a Prescribed Service Person's concession by TMR.

Please note however, to prove eligibility, any other customer applying for a PSP concession that has a gold card not embossed, will still be required to present their gold card and a letter from DVA stating:

Persons assessed as at least 70% incapacitated under the Veterans' Entitlements Act 1986 (VEA); or

Persons assessed as at least 50 impairment points under the Military Rehabilitation and Compensation Act 2004 (MRCA).

Name Plates and Sub Branch Shirts

If you need a Sub Branch name plate please contact Andy. When he has five names he can make an order.

If you need a polo shirt let Andy know. He needs five or more for the order. If you want one let him know the size and style, old style green or new style green.

Chambray shirts in Blue and Green are still available for order.

Operation Life

A free mobile phone app to help serving and ex-serving Australian Defence Force (ADF) personnel deal with suicidal thoughts has been released by DVA.

The Operation Life app is available free via the iOS App Store and Android Google Play.

See www.at-ease.dva.gov.au/suicideprevention

travel counsellors



With us...it's personal

For All of Your Travel Needs

Contact Kris Higgins

0412 749 776

kris.higgins@travelcounsellors.com.au

www.travelcounsellors.com.au/kris.higgins

The Right Mix Alcohol Management Support

The Right Mix website and its companion mobile app, allows serving members and veterans to use their smart phones and tablets to monitor their drinking habits.

The Right Mix can be accessed through the At Ease Portal via www.at-ease.dva.gov.au/therightmix and the *ON TRACK with The Right Mix* app is free to download from the iOS App Store and Android Google Play.

What did the instructor at the school for Kamikaze pilots say to his students.

Watch closely. I'm only going to do this once.

I often worry about German sausages.

I fear the Wurst.

DVA Hi Res (High Resilience) Website

The High Res website helps manage stress and build resilience. It features self-help tools, resources and videos to help users cope better with stress and bounce back from tough situations.

The High Res website is available on DVA's At Ease mental health portal at www.at-ease.dva.gov.au/highres. The High Res app is free from the iOS App Store and Android Google Play. You can find the full range of DVA's online mental health support tools on the At Ease Portal

www.at-ease.dva.gov.au.



The ANZAC Portal

The Department of Veterans' Affairs recently updated and renovated The ANZAC Portal, a website promoting awareness of Australia's wartime history. The site contains information and educational resources spanning campaigns from WWI to contemporary military and peacekeeping operations, and includes interviews with Vietnam veterans and family members.